

FREE
PLEASE TAKE ONE

Guide to recreation & lifelong learning
opportunities in Carbon County, Utah

**CARBON
LEISURE
AUTUMN
2013**

Published by Carbon County Recreation
435-636-3702 - www.carbonrec.com
Supplement to the Sun Advocate
August 20, 2013

For info call 613-5371



Women’s Basketball

Date	Opponent	Location	Time
Oct. 19	Scrimmage TBA		
Oct. 22	Scrimmage Colorado Mesa University Grand Junction, CO		
Oct. 26	Scrimmage TBA		
Nov. 1-2	Eastern Arizona Tournament in Thatcher, AZ		
Nov. 14-16	Casper Tournament in Casper, WY		
Dec. 12	North Idaho College	Price, UT	5:30 pm
Dec. 14	College of So. Idaho	Price, UT	3 pm
Dec. 27-29	Oceanside Tournament		
Jan. 4	Colorado NW CC	Price, UT	3 pm
Jan. 9	Snow College	Ephraim, UT	5:30 pm
Jan. 11	Salt Lake CC	Salt Lake City, UT	3 pm
Jan. 16	College of So. Idaho	Twin Falls, ID	5:30 pm
Jan. 18	North Idaho College	Coeur d’ Alene, ID	3 pm
Jan. 23	TBA	Price, UT	TBA
Jan. 25	Colorado NWCC	Rangely, CO	3 pm
Jan. 30	Salt Lake CC	Price, UT	5:30 pm
Feb. 1	Snow College	Price, UT	3 pm
Feb. 6	College of So. Idaho	Price, UT	5:30 pm
Feb. 8	North Idaho College	Price, UT	3 pm
Feb. 15	Colorado NW CC	Price, UT	3 pm
Feb. 20	Salt Lake CC	Salt Lake City, UT	5:30 pm
Feb. 22	Snow College	Ephraim, UT	3 pm
Feb. 27-Mar. 1	SWAC Tournament at Snow College in Ephraim, UT		

Athletic Schedules

Volleyball

Date	Opponent	Location	Time
Aug. 23-24	CSI Tournament	Twin Autumns, ID	
Aug. 30-31	Salt Lake Tournament	Salt Lake City, UT	
Sept. 6	Salt Lake All-stars	Price, UT	7 pm
Sept. 12-14	Fightin’ Artichoke Inv.	Scottsdale, AZ	
Sept. 20	TBA	Price, UT	TBA
Sept. 21	TBA	Price, UT	TBA
Sept. 27	North Idaho College	Price, UT	7pm
Sept. 28	College of So. Idaho	Price, UT	1 pm
Oct. 3	TBA	Price, UT	TBA
Oct. 5	Colorado NW CC	Rangely, CO	1 pm
Oct. 11	Salt Lake CC	Salt Lake City, UT	7 pm
Oct. 12	Snow College	Ephraim, UT	1pm
Oct. 19	North Idaho College	Coeur d’ Alene, ID	1 pm
Nov. 1	Snow College	Price, UT	7 pm

Men’s Basketball

Date	Opponent	Location	Time
Nov. 1-2	CSI Golden Eagle Tournament in Twin Autumns, ID		
Nov. 8-9	Matador Classic in Yuma, AZ		
Nov. 15	Impact Academy	Price, UT	7:30 pm
Nov. 16	Impact Academy	Price, UT	3 pm
Nov. 22	Salt Lake All-stars	Price, UT	7:30 pm
Nov. 23	Salt Lake All-stars	Price, UT	3 pm
Nov. 29	W Wyoming CC	Rock Springs, WY	7 pm
Nov. 30	W Wyoming CC	Rock Springs, WY	3 pm
Dec. 6-7	Badger Invitational	Ephraim, UT	TBA
Dec. 12	North Idaho College	Price, UT	7:30 pm
Dec. 14	College of So. Idaho	Price, UT	5 pm
Jan. 1	W Wyoming CC	Rock Springs, WY	5 pm
Jan. 3	Colorado Kings	Price, UT	7:30 pm
Jan. 4	Colorado NW CC	Price, UT	3 pm
Jan. 9	Snow College	Ephraim, UT	5:30 pm
Jan. 11	Salt Lake CC	Salt Lake City, UT	3 pm
Jan. 16	College of So. Idaho	Twin Autumns, ID	5:30 pm
Jan. 18	North Idaho College	Coeur d’ Alene, ID	3 pm
Jan. 25	Colorado NW CC	Rangely, CO	3 pm
Jan. 30	Salt Lake CC	Price, UT	5:30 pm
Feb. 1	Snow College	Price, UT	3 pm
Feb. 6	College of So. Idaho	Price, UT	5:30 pm
Feb. 8	North Idaho College	Price, UT	3 pm
Feb. 15	Colorado NW CC	Price, UT	3 pm
Feb. 20	Salt Lake CC	Salt Lake City, UT	5:30 pm
Feb. 22	Snow College	Ephraim, UT	3: pm
Feb. 27- Mar. 1	SWAC Tournament at Snow College in Ephraim, UT		

CJ’S DO-IT CENTER
710 East Main, Price • 636-8100

Carbon Rec Outdoor Tours

Autumn is the best time of year to be in Utah's Canyons. We still have a few spots open (at the time this went to press) to experience Range Creek, 9-Mile Canyon and/or the San Rafael Swell.

Range Creek has been referred to as "The Secret Canyon." It has been the subject of documentaries on Scientific American, KUED Television, and Time Team America. Stories have appeared in numerous magazines like National Geographic and Smithsonian.

9-Mile Canyon has been called the longest art gallery in the world. Some of the most famous petroglyphs in the world can be found here.

These canyons were the home of the Fremont Indian culture for over a thousand years. They mysteriously disappeared about 800 years ago, leaving behind innumerable clues to their rich history.

Tucked away in an isolated canyon in Eastern Utah, Range Creek Canyon was virtually unknown to the world for 100 years. In 2003 the owners sold the property to the state of Utah. The canyon is now managed by the University of Utah Museum of Natural History.

The San Rafael Swell is filled with mysteries to explore, some that date back thousands of years.

Carbon Rec has been doing tours in 9-Mile Canyon and the San Rafael Swell for 20 years and initiated tours in Range Creek Canyon eight years ago.

You will travel in air-conditioned vehicles from Price. Layne Miller and/or Juanita McEvoy will be your guide(s) on this remarkable journey through time. Together they have over 30 years of guiding experience. Their many stories add significantly to your experience.

Autumn Tour Dates

Range Creek Sept. 14 • Sept. 22 • Oct. 5

9-Mile Canyon Sept. 21

San Rafael Swell Oct. 6

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Carbon Leisure is intended to be a comprehensive guide to recreation and lifelong learning opportunities in Carbon County. It is published three times a year; in May, August, and December. Our goal is to include all recreation, lifelong learning, adventure, and enrichment programs. If your program is not in this issue, call Carbon Rec for information about how your organization can be involved.

Sun Advocate
845 E. Main St., Price • 637-0732

Carbon Rec

Schedule of Programs, Classes, Activities, & Events • Autumn 2013

The Recreation Office is located in Price at 30 East 200 South
435-636-3702 • www.carbonrec.com

2013 Activity Calendar

Visit our website often. We add activities regularly.

Aug. 29 Horseshoe League Deadline
Aug. 30 Soccer Registration Deadline
Aug. 30 Flag Football Deadline
Sept. 9 Tennis Lessons Begin
Sept. 9 TAE BO® in Helper
Sept. 10 Photo Group Meeting & Class
Sept. 10 Tumbling Begins
Sept. 12 Youth Volleyball Deadline
Sept. 14 Range Creek Tour
Sept. 14 Kiwanis Kids Day
Sept. 14 Cycle for Recovery Bike Ride
Sept. 17-18 CPR/First Aid Class
Sept. 21 9-Mile Canyon Tour
Sept. 21 Little Wild Horse Canyon Hike
 (Photography emphasis)
Sept. 22 Range Creek Tour
Sept. 24 Co-ed Volleyball Deadline
Oct. 5 5K Walk/Run for
 Domestic Violence Awareness
Oct. 5 Range Creek Tour
Oct. 6 San Rafael Swell Tour
Oct. 8 Photo Group Meeting
Oct. 12 Bear River Bird Refuge Outing
Nov. 5 Men's Basketball Deadline
Nov. 7 Junior Jazz Registration Deadline
Nov. 19-20 CPR/First Aid Class

Jan. 7 Second Grade BB Deadline
Jan. 10 K-1 Instructional BB Deadline
Wrestling begins in January

Domestic Violence Awareness 5K Run-Walk • October 5

Fee: \$5 or the whole family for \$25. Price does not include a t-shirt. T-shirts may be ordered for an additional \$5, but must be pre-ordered by Oct. 3. Only people who pre-order a t-shirt will get one.

Check-in will be at the Price Peace Garden at 8:30 a.m. Race will begin at 9. All proceeds from this race will go to help victims of domestic violence. If you would like to make a donation in addition to your registration fee, you can do that at Carbon Rec.

Registration/refund policy — Program fees must be paid prior to participation in any activity. You may register over the phone, but only by using a credit card to pay for the program. In some instances, no refunds or credit slips will be issued, such as deposits paid for workshops or rental equipment. Ask for a copy of the refund policy before you register.

If a program is cancelled, a cash refund will be given. Cash refunds will not be given in any other instance. A credit slip may be issued, depending on the specific program.

Recreation Policies

Pre-registration is required for all programs. Programs have a minimum participation requirement and will be cancelled if there are not enough registrations. Register early, some programs fill to capacity.

Due to circumstances beyond our control, some details may change. Call to confirm dates and times.

All registrations must be made at the Recreation office. Schools cannot accept registrations.

Financial assistance is available to children from families who qualify. If you cannot afford a program, ask. Assistance may be available.

Carbon Rec has a strict refund policy. In some instances refunds cannot be given, such as deposits for workshops or rental equipment. Please ask about the refund policy before registering.

HOLIDAY INN

838 Westwood Blvd., Price • 637-8880

Community Education

TAE BO® in Helper

Come and try a great workout!
Starting September 9th on Monday
and Wednesday Nights
Helper Auditorium at 6:30 p.m.

Tae Bo® Cardio Fitness Classes

\$4.00 a class

\$ 15.00 for a 4 class pass (good for 90 days)

\$ 25.00 a month

First class is always free!

Total Awareness Excellence Body Obedience (Tae Bo®)

For more information contact Pam Jewkes at 435-820-1369, Certified Tae Bo®
Fitness Instructor since 2008.



First Aid/CPR Certification

National Safety Council Certification

Instructor: Barbara Robinett

Sept. 17-18 and Nov. 19-20

Fee: \$40 (instruction manual included). Registration and payment must be made in advance.

Must pre-register. On-site registration is an additional \$10 and you may be turned away.

Is it worth a few hours of your time to be prepared to save the life of someone you love?

Photography Group

Join avid photographers to share photos, talk about photographic techniques, learn from one another, and schedule outings.

This is not a club and there are no dues. It's just a group of people who share an interest in photography. All meetings are at the Carbon Rec office at 5:30 unless otherwise listed. Everyone is welcome, beginner to pro.

Schedule

Sept. 10 – Why? This will be a discussion on how each of us find a passion in photography; What's in your bag? All the little things photographers carry. Bring your bags and share with the group.

Sept. 21 - Photo shoot in Little Wild Horse Canyon. Leave at 8 am
Fee: \$10.

Oct. 8 - Open group meeting to talk about anything anyone wants.
We will also plan our trip to Bear River MBR.

Oct. 12 - Outing to Bear River Migratory Bird Refuge. Leave at 6 am
Fee: \$20

Join the group at: groups.yahoo.com/group/CarbonPhotographers

Carbon Rec maintains a small photography library. Although the books are not allowed out of the office, anyone is welcome to come to the office and utilize the resources.

www.carbonrec.com

Recreation — the benefits are endless

Despair is one of the biggest problems facing today's youth. Parents can do nothing more significant in a child's life than to help the child find something he/she is passionate about. Passion overcomes despair.

That passion can come in the form of sports, arts, music, outdoors, photography, animals (horses, dogs, etc.), nature, computers, cooking . . .

the list goes on and on . . . A Carbon Rec goal is to offer the most diverse programs possible in an effort to help people find their passion.

Children who have a passion in life have something to look forward to. People who have something to look forward to do better in school . . . and in life. (Don't we all?)

Let us help you find your passion

MAIN STREET GRILL

715 E. Main St., Price • 636-3463

Carbon County Recreation Registration

You may be required to complete another registration form, depending on the program you are registering for. One registration per person, per program.

Program			
Name of Participant			
Legal Guardian (if under 18)			
Address (Street, city, zip)			
Age	Grade	School	
Telephone	Emergency Telephone		
Email Address (Optional)			
Medical Insurance Provider	Group Number		

I have these medical conditions that may affect my ability to participate safely in this activity (all medical conditions must be disclosed):

I am currently taking these medications:

By signing this agreement, the participant and legal guardian(s) agree to the following terms:

1. You are responsible for your own safety. Do not do anything you do not accept full personal responsibility for doing.
2. To immediately obey instructions of guides, instructors, and program directors. This if for your own safety.
3. Some recreation activities are potentially dangerous. Injury or even death may occur, even though all precautions are taken.
4. All participants must seek health advice from a medical professional before engaging in vigorous activities. Failure to do so could result in serious injury. Carbon County Recreation is not responsible for people pushing themselves beyond their physical ability.

I understand vehicle travel is one of the most dangerous activities a person can be involved in. I understand accidents occur and people are injured due to accidents. It is a fact of life. I recognize it and hold no one responsible while I am riding in a Carbon County vehicle, regardless who is responsible for the accident.

Acknowledgement of risk and liability release

I understand recreation activities can be potentially dangerous. I will seek advice from a medical professional prior to undertaking rigorous physical exertion. If I choose not to do this, I accept responsibility for all consequences. With this understanding, I agree to all terms and conditions listed herein. I realize that signing this document is not a mere formality, but a legal document and recognize its validity in a court of law.

I, the undersigned, have read and understand the above warnings, and do hereby agree to release and agree to hold harmless Carbon County and Carbon County Recreation, as well as instructors, volunteers, and sponsors, of all claims, demands, actions, and causes of action at law or equity, arising by reason or in manner growing out of participation in recreation activities and events. I understand no insurance is provided, and accept full responsibility for securing appropriate medical insurance. I agree to reimburse Carbon County for any loss sustained from actions taken in accordance with the program I am registering for or this agreement.

In addition, I certify that I am in good physical condition and that I have no medical problems that will prohibit my safe participation in this program. I accept full responsibility for my wellbeing and hold no one responsible for anything that may happen to me while participating in this program, regardless who may be at fault.

My image may be used in any and all promotional material associated with Carbon Rec.

I have read and understand this agreement and agree to abide by its terms and conditions.

Participant		Date	
Legal Guardian		Date	

Office use only

Date Paid	Amount Paid	Receipt #	Check	Cash
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The philosophy of Carbon Rec 435-636-3702

The mission of Carbon Rec is to provide recreation and lifelong learning opportunities to every resident of Carbon County.

We attempt to keep costs as low as possible in all programs. Thanks to the County Commission and Carbon School District, fees are half that of many other communities.

People who are involved in wholesome recreational activities are happier and better adjusted than people who are not. We do not give cash prizes nor banquets. Prizes for league champions are modest in nature. Participation is always our emphasis, not winning.

Our goal is to exceed the expectations of every participant in every program. While that is not always possible, that is always our goal. If we come up short, we want to hear from you. Constructive criticism can be very productive and is always welcome.

We will never turn a child away from a program for inability to pay. If you can't afford a program for your child, ask us. We may be able to help.

We are proud to offer the most diverse recreation program in the state. Even so, we are always looking to broaden our offerings. It is our pledge that we will offer anything that fits within our mission and that the community will support. If you want to do something, call us. If you have a talent you would like to share with the community, call us. We are always open to new ideas.

Email:
Steven.Christensen@carbon.utah.gov
Frank.Ori@carbon.utah.gov

R&A MARKET
408 S. Main, Helper • 472-3301

YOUTH SPORTS

Youth Soccer

Registration deadline:
August 30

For all ages 4 and up
Fee: \$37 with Jersey,
\$25 without

Early bird discount:
\$32 with jersey,
\$20 without IF PAID
BY Aug. 30.

All players need a jersey.
You need not purchase
a new one if you have
one from past seasons.
Games will be played on
Mondays, Wednesdays,
and some Saturdays at the Carbon County Fairgrounds Ballfield
Complex.



Youth Soccer - 7th Grade & up

Registration deadline August 30

Fee: \$37 with Jersey, \$25 without

Early bird discount: \$32 with jersey, \$20 without
IF PAID BY AUGUST 30.

Games for this age group will be Tuesdays, Thursdays and some
Saturdays at Mont Harmon Junior High School.

Flag Football

Registration Deadline: August 30

For all boys and girls 1st – 4th grade.

Fee: \$37 with a jersey and \$25 without.

Earlybird discount: \$32/\$20 IF PAID BY SEPTEMBER 4

Games will be Tuesdays and Thursdays at Carbon County
Fairgrounds Ballfield Complex

Tennis lessons

Begins

September 9

FOR YOUTH

AND ADULTS

Fee: \$20 –

Eight lessons

Instructor:

Frank Ori

Mondays &

Wednesdays at 4:30 p.m.



Tumbling

Instructor: Pineau Nielson

Tuesdays – at the Lighthouse High School. Begins September 10

Fee: \$18 per month

Tots at 3:15, for ages 3-6 –

Beginners at 4 p.m., for ages 7-9

Advanced at 5 p.m., for ages 10 and up

Instructional Volleyball

Registration deadline: September 12 • Fee: \$30

Earlybird discount: \$25 IF PAID BY SEPTEMBER 12

Play will be on Mondays & Wednesdays

Focus will be on fundamentals, sportsmanship, and skills training.

Instructors will be members of the USU–Eastern Volleyball Team

Wrestling

Begins in January for kids 5 years old and up.

Fee: \$35 – Fee is for practice only. Fee does not include membership in
USA Wrestling, fees for tournaments, or personal equipment

WE NEED PARENTS TO STEP UP AND
VOLUNTEER TO HELP WITH THIS PROGRAM.

Carbon County Chamber of Commerce

81 North 200 East, Price, UT 84501

435-637-2788 • www.carboncountychamber.net

THE FAMILY CLINIC
280 N. Hospital Dr., Price • 637-6348

Youth Basketball

JUNIOR JAZZ

Registration deadline: November 7

Leagues for both boys and girls

Fee for 3rd – 6th grade: \$36 or \$46

with official Junior Jazz Jersey —

Jerseys are required, but if you

have one from a previous year, you need not purchase a new one.

Fee for 7th and up: \$46 or \$56 with Junior Jazz Jersey

Gym Space is limited. Register early to secure your spot in the league.

Volunteer coaches are needed.



Friend us on Facebook

Ask questions and get answers. We update a calendar of events and activities weekly and provide information about new programs. We're constantly evolving.

Facebook is a good way to keep up with us.

www.facebook.com/carbonrec

Second Grade Developmental BB League

Registration deadline January 7 • Fee: \$25

League will be played on Saturday mornings at Creekview Elementary. Emphasis will be on skill development, teamwork, and sportsmanship. We do not keep score or standings in this league.

K-1 Instructional BB

Registration deadline January 10

Begins the week of January 13 • Fee: \$20

Play will be one day each week immediately after school for six weeks. Mondays at Wellington & Pinnacle Canyon, Tuesdays at Sally Mauro, Wednesdays at Castle Heights, Thursdays at Creekview.

Off Highway Vehicle Driver Training

877-887-2757

Offered by Utah State Parks & Recreation

<http://www.offroad-ed.com/ut/index.htm>

Hunter Safety

435-613-3700

All classes are scheduled through the Department of Wildlife Resources

Utah Safety Council

800-933-5943

Safety and First Aid Training

Food Handlers Permit Classes

435-637-3671 • Fee: \$20

Through SE Utah Health Dept.

Scheduled monthly. Check with the Health Department for dates

J.D.I. BETHEL 3

Price • 630-3328 call for information about our bethel

Adult Sports & Activities

Coed Indoor Volleyball League

Registration deadline: September 24

Fee: \$240 per team – We accept Visa, Mastercard and Discover

There will be two divisions if there are enough teams. League will be played on Tuesdays at Mont Harmon Jr. High or Carbon High School.

Men's Open Basketball League

Registration deadline: November 5

Fee: \$460 per team – We accept Visa, Mastercard and Discover

There will be two divisions if there are enough teams. League will be played on Mondays at Carbon High School.

Autumn Horseshoe League

Doubles League • Fee: \$20 per team

Registration deadline: August 29

League will begin September 4 and will be played on Wednesdays.

Cycle for use disorder recovery September 14 in Spring Glen

September is substance use disorder recovery month

In conjunction with 4 Corners Mental Health, Carbon Rec will do a 3-mile bike ride to celebrate Recovery Month. This is a ride anyone can do on any bike, or even a non-motorized scooter.

There will even be a 1/2 mile ride for tricycles, so bring the whole family!

Fee: \$5 per person or \$10 per family. Each t-shirt is an extra \$10.

T-shirt order deadline is September 1. T-shirts will be dry-fit.

Must be ordered in advance. No t-shirts the day of the ride.

Registration/Check in at 8:30 a.m.

Ride begins at 9 a.m.

Participants are encouraged to join the parade at 10 a.m.



Linda's School of Dance

*Classical Ballet, Pointe, Tap, Jazz,
Creative Modern Dance, Adult Classes*


*Coordination, Self Confidence, & Self Discipline
are the results of Quality Instruction*

*Certification Through: Royal Academy of Dance,
Dance Educators of America (Instructor Linda Johnstun)*

*For information & Registration, Please call:
(435) 637-2725 or (435) 472-8411*

NEW CLASSES Start in September

Home of the "Nonstop Dance Company" Linda's School of Dance • 58 North Carbon Avenue • Price



WORKMEN'S MARKET

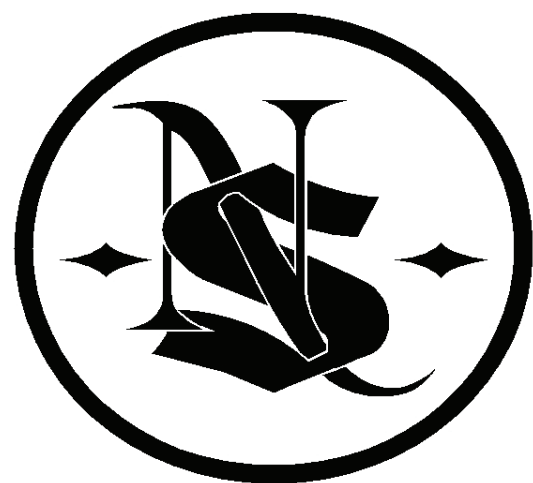
101 W. 200 N., Helper • 472-3449



The best
shooting
range in
the state!

DIRECTIONS:

The range is 15 miles southwest of Price. Take SR-10 South from Price and follow the signs.



**North
Springs**

SHOOTING RANGE

Ranges include long distance (up to 1,000 yards), pistol, law enforcement (open to law enforcement only), archery (traditional and 3D targets), cowboy town, and trap facility.

Public Summer hours (through Sept. 30)
2 to 8 p.m. Thursday and Friday
11 a.m. to 8 p.m. Saturday and Sunday

Public Winter hours (Oct. 1 through March 31)
10 a.m. to 5 p.m. Thursday through Sunday

Closed all holidays

Events may be scheduled at other times. Call the range for information.



Events may limit access to some venues. If you're coming from outside the area, please call to make sure the venue you want is available. A calendar of events can be seen at: <http://www.carbon.utah.gov/nssr/>
Call us at 435-650-7728 or email Range Manager Scott Olsen at scott.olsen@carbon.utah.gov

SUTHERLANDS
406 S. Hwy. 55, Price • 613-1512

Carbon County Senior Activities Center

450 South Fairgrounds Way

Price, 636-3202

Price Activities

Lunch: M-F at Noon

-60 yoa must pay \$6.25

60 yoa and above suggested donation of \$3.00

Ceramics: M-F at 10:00am –4pm

Quilting & Sewing: Mon & Thurs at 10am

Needle Arts: Tues. at 10am

Oil Painting Class: Monday at 1:00pm

Line Dancing: Mon, Tues & Thurs at 9am

Bowling at Jensen's Country Lanes: Fri at 1pm

Movie: Tues at 1pm (call for movie title)

Billiards: M-F 8am –4pm

Bingo: Weds 1pm

Shopping: Mon & Thurs at 1pm

Computer Lab: M-F 8am-4pm

Fitness Room: M-F 8am –4pm

Organ Lessons: Thursday 11am and 1pm

Game Room: M-F 8am-4pm

Blood Pressure Clinic: 2nd & 4th Monday at 10am

Pilates: Tues & Thurs at 10:30am

Health Talks: 3rd Mon. of the month at 11am

Zumba: Wed. at 10am

Free Toe Nail Trimming: 4th Tuesday at 10am

People under 60 must have a senior sponsor for all activities.

East Carbon Activities

636-3703/888-2194

Lunch: M-F at 12:30pm

Line Dancing: Wed at 9:00am at Sunnyside City Hall

Bingo: Mon & Wed at 1:30pm

Shopping: Friday at 1:30pm

Billiards: M-F 8am– 3pm

Ceramics: Mon. 10a

Crochet/Embroidery Class: Tues & Thurs at 10a

Blood Pressure Clinic: 1st Mon. 11:30am & 3rd
Tues. 11:45am

Card: Mon., Tues & Thurs 1:00pm

Movie: 4th Weds at 1:15p

Friday is kickback: Cards/ Whatever 1:15pm

Exercise Class: Tues at 11:30a



Carbon High School Athletic Schedules

Girls Tennis

August 22	Emery @ Carbon
September 10	Carbon @ Springville
September 12	Payson @ Carbon
September 17	Carbon @ North Sanpete
September 19	Richfield @ Carbon
September 24	Carbon @ Payson
September 26	North Sanpete @ Carbon
September 27	JV Tournament @ N. Sanpete
October 1	Carbon @ Richfield
October 4	Region Tournament @ Snow College
October 11-12	State @ Liberty Park

Volleyball

Date	Opponent	Frosh	Soph	JV	Varsity
Aug. 22	Blue/White Game	6:30	6:30	6:30	6:30
Aug. 23-24	Dixie Tournament	-----	-----	TBA	TBA
Aug. 27	Tooele at Carbon	5:15	4:00	5:15	6:30
Aug. 29	Manti at Carbon	N/A	4:00	5:15	6:30
Sept. 4	at Emery	5:15	4:00	5:15	6:30
Sept. 6-7	Provo Tournament	-----	-----	-----	TBA
Sept. 10	at San Juan	N/A	4:00	5:15	6:30
Sept. 12	Uintah at Carbon	5:15	4:00	5:15	6:30
Sept.13-14	Carbon Classic	TBA	TBA	TBA	----
Sept. 17	at Bear River	3:30	3:30	4:45	6:00
Sept. 24	North Sanpete at Carbon	5:15	4:00	5:15	6:30
Sept. 26	at Payson	5:15	4:00	5:15	6:30
Oct. 1	Juab at Carbon	5:15	4:00	5:15	6:30
Oct. 3	at Richfield	5:15	4:00	5:15	6:30
Oct. 8	Youth Skills Clinic Fundraiser - 5-7 pm				
Oct. 10	at North Sanpete	5:15	4:00	5:15	6:30
Oct. 15	Payson at Carbon	5:15	4:00	5:15	6:30
Oct. 22	at Juab	5:15	4:00	5:15	6:30
Oct. 24	Richfield	5:15	4:00	5:15	6:30
Oct.31- Nov. 2	3A State Tournament at UVU				TBA

Football

August 23	Carbon at Grand 7 p.m.
August 30	ALA at Carbon 7 p.m.
September 6	Duchesne at Carbon 7 p.m.
September 13	Carbon at N Sanpete 7 p.m.
September 20	Grantsville at Carbon 7 p.m.
September 27	Carbon at Morgan 7 p.m.
October 4	Carbon at Judge 7 p.m.
October 10	Union at Carbon (Homecoming) 7 p.m.
October 16	Richfield at Carbon 7 p.m.
October 25	Carbon at Emery 7 p.m.
November 1	State Playoffs (First Round)
November 8	State Semi-Finals
November 16	State Championship Game

Cross Country

August 24	SUU High school invitational
August 28	Pre-region at Payson
August 31	American Fork Grass Relays
September 3	Juab XC Bear Canyon
September 6	Murray Invitational
September 11	Uintah invitational
September 25	Carbon Invitational
September 27	Nebo invitational
October 2	North Sanpete classic
October 4	Cedar Invitational
October 16	Region at Payson
October 23	State

BODY GLO DAY SPA
60 W. Main, Price • 637-9189

Carbon High Schedules

Golf

August 21	Richfield
August 28	Juab
September 5	Carbon
September 11	N Sanpete
Sept. 18	Payson
Sept. 25	Richfield (Region)
Oct. 9-10	Mountain Dell (State)

Girls Soccer

Aug. 20	Carbon at S Summit
Aug. 22	Grantsville at Carbon
Aug. 29	Carbon at Union
Sept. 3	Uintah at Carbon
Sept. 5	Stansbury at Carbon
Sept. 10	N Sanpete at Carbon
Sept. 12	Richfield at Carbon
Sept. 17	Carbon at Payson
Sept. 19	Carbon at N Sanpete
Sept. 26	Carbon at Richfield
Oct. 1	Payson at Carbon
Oct. 3	N Sanpete at Carbon
Oct. 8	Richfield at Carbon
Oct. 10	Carbon at Payson

Thanks to these sponsors:

Joy
Codale Electric
Caterpillar
Tram Electric
Western Mine Tools
CC Hydraulics
Kevin's Carpets
Tony Basso GM
Tire King
Morgantown Machinery
Sudweeks Farms
High Desert Orthopedics
Linda's Boutique

Thanks to these volunteer coaches:

Jarad Hardy
Jeff Nielson
Justin Bosone
Chris Cowan
Mike Johns
Tony Collins
Joe Ori
Micah Iverson
Laurie Molinar
Kortney Herrera
Heidi Nunley
Wayne Greenhalgh
Natali King
Charles Emery
Mary Schulz
Rachel Allen
Dannette Moynier
Ted Cartwright
Chris Philips
Gary Henderson
Seth Oveson
Chaliese Simkins
Amanda Swann
Dave Holzer
Danielle Pendergrass
Shiloh Tonc
Teresa Manley
Jack Byrge
Samantha McCourt
MaDean Mathis

FITNESS WORLD

435-613-SLIM --- 47 W Main

WWW.FITNESSWORLDPRICEUTAH.COM

WWW.FACEBOOK.COM/FITNESSWORLDPRICEUTAH

**FITNESS WORLD IS A MONTH TO MONTH GYM WITH NO SIGN
UP FEES OR LONG TERM CONTRACTS! KEYLESS ENTRY!**

Aside from our 32 fitness classes a week, we offer a full weight room equipped with: weight machines, free weights, treadmills and bikes! A children's room is available, however there is no babysitter on duty.

ASK ABOUT OUR STUDENT AND SENIOR DISCOUNTS!

YOUR FIRST CLASS AT FITNESS WORLD IS FREE!

ZUMBA TONING: M-W @ 7:00 PM

ZUMBA W/ TONING: T-TH @ NOON

PILATES: W @ 5:15 AM, M-W-F @ 8:30 AM, W @ NOON

KICKBOXING: T-TH @ 8:30 AM, T-TH @ 7:00 PM

STRENGTH/CIRCUIT: M @ 5:15 AM, T-TH @ 5:30PM, TH @ 6:00 AM

DANCE AEROBICS: F @ 5:15 AM, T @ 6:45 AM

STEP/SCULPT/TONE: M-T-TH @ 4:00 PM, W @ 5:30 PM,

TURBOKICK: M @ NOON, F @ NOON, M @ 5:30 PM

BOOTCAMP: SAT @ 9-10:30 AM

PRICES (we pro-rate through the month):

SINGLE MEMBERSHIP: \$30/MONTH

COUPLE MEMBERSHIP: \$45/MONTH

FAMILY MEMBERSHIP: \$55/MONTH

(couple and family memberships are **IMMEDIATE FAMILY/SAME
HOUSEHOLD** only!)

24 HR. KEYLESS ENTRY (for members only): \$5/MONTH

DAY GYM OR SINGLE CLASS: \$3

EASTERN UTAH COMMUNITY CREDIT UNION

675 E. 100 North, Price • 637-2443

Community contacts and resources

- Active Re-Entry Independent Living Center • 435-637-4950
Adult Education • 435-613-3136
Avalon House - Transitional Housing • 435-472-2028
Baby your Baby • 435-637-3671
Boy Scouts, Price Office • 435-637-8059
Bureau of Land Management, Price • 435-636-3600
Carbon County Animal Shelter • 435-636-3747
Carbon/Emery Rape Crisis Line • 866-894-8610
Carbon County Food Bank • 435-637-9232
Carbon County Chamber of Commerce • 435-637-2788
Carbon County Fairgrounds • 435-636-3214
Carbon County 4-H • 435-636-3233
Carbon County Recreation • 435-636-3702
Carbon Retired Senior Volunteers • 435-636-3204
Carbon School District • 435-637-1732
Carbon County Senior Citizen Center • 435-636-3202
Castle Country Travel Bureau • 435-636-3701
Child Care Resource and Referral • 435-613-5619
Children’s Justice Center 435-636-3739
- Coal Country Housing Management • 435-637-5170
Desert Lake Waterfowl Mgmt Area • 435-653-2900
Desert Wave • 435-637-SWIM (7946)
Division of Wildlife Resources • 435-613-3700
Division Of Child & Family Services • 435-636-2360
Early Headstart Program • 435-613-9492
Emergency Assistance, Assoc. of Local Govt. • 435-637-9232
Domestic Violence Program • 435-381-4743
Family Support Center • 435-636-3739
Forest Service, Price • 435-637-2817
Forest Service, Ferron • 435-384-2372
Four Corners Mental Health • 435-637-2358
Habitat For Humanity • 435-637-9701
Health Dept. Carbon County • 435-637-3671
Health Dept Emery County • 435-381-2252
Health Department (Emery) WIC • 435-381-2252
Housing Authority Carbon County • 435-637-5170
Hunter Safety Program • 435-613-3700
Huntington State Park (Huntington Lake) • 435-687-2491
- Intermountain Specialized Abuse Treatment Center • 435-637-4852
Juvenile Justice Services Castle Country Youth Center • 435-636-4720
Lighthouse Life & Learning Center-School District 435-637-7540
Life Line Pregnancy Assistance and Support Center • 435-636-0700
Local Interagency Council • 435-613-3145
Northeastern Services • 435-637-6134
Perkie Travels- Active Re-Entry • 435-637-4950
Poison Control • 800-222-1222
Price City Library/Library Literacy Project • 435-636-3188
Price City Parks (Reservations) • 435-636-3181
Scofield State Park • 435-448-9449
State Corrections Adult Probation and Parole 435-636-2800
United Way of SE Utah • 435-637-8911
Utah Safety Council • 800-933-5943
USU Eastern Athletics • 435-613-5371
USU-Eastern Health & Wellness Clinic • 435-613-5629
Vocational Rehabilitation • 435-636-2820
Victim Assistance - Carbon County Sheriff’s Office 435-636-3250
Womens Services Castlevue Hospital • 435-637-4800

Carbon School District Adult Education Learning Center

251 West 400 North in Price, UT 84501 • 435-613-3136

Hours: 11 a.m. to 6 p.m. Monday through Thursday and Friday 11 a.m. to 3 p.m.

\$50 Registration Fee • Open Entry - Open Exit • Contact Lana Keller

IT’S NEVER TOO LATE TO FINISH SCHOOL!
YOU MAY BE CLOSER THAN YOU THINK!

- Adult High School Completion
Transcript/Credit Evaluation
Individual Instruction
- GED Preparation
Inter-agency Coalition
Computer Lab Available
- Computer Credit Recovery System
Adult Basic Education
English Speakers of Other Languages

PARTY EXPRESS
29 E. Main, Price • 637-3393



Fall Hours

240 East 500 North
Price, Utah 84501
435-637-SWIM

PUBLIC SWIM

WAVE POOL

MONDAY, TUESDAY, THURSDAY 5-8 PM
WEDNESDAY, FRIDAY 4-8 PM
SATURDAY 12-8 PM

CLOSED SUNDAYS

INDOOR POOL

SATURDAY 1-8 PM

BIRTHDAY PARTIES

\$35.00

INCLUDES ADMISSION FOR 10,
RESERVED TABLE WITH BALLOONS,
10 ICE CREAM CUPS, AND 10 SMALL DRINKS.

FALL SWIM LESSONS

SEPTEMBER 16TH – OCTOBER 10TH

OCTOBER 14TH – NOVEMBER 7TH

NOVEMBER 11TH – DECEMBER 5TH

*Come Check Out
Our New Swim
Lesson Program!!*

Barracudas Rock

SWIM TEAM

Boys & Girls up to age 18.

Interested in becoming part of a winning team??

Call 637-7946 for tryout dates & times!!



SPECIALTY NIGHTS

MONDAY: FAMILY NIGHT – FAMILY OF 5 FOR \$10.00

TUESDAY: BUY 1 REGULAR ADMISSION, GET 1 FREE

WEDNESDAY: \$1.00 NIGHT AFTER 4 PM

THURSDAY: STUDENT NIGHT – BRING YOUR STUDENT I.D. & GET IN FOR \$1.50

FRIDAY: GET A FREE TUBE WITH PURCHASE OF A REGULAR ADMISSION

SATURDAY: COME BEFORE 1:00PM AND GET \$1.00 OFF PAID ADMISSION

*Come Try Water
Zumba! Call For
More Info.*

LAP SWIM

INDOOR POOL

MONDAY-FRIDAY

5:30-8 AM, 11 AM -1 PM, 7-8 PM

WATER AEROBICS

MONDAY-FRIDAY 8:30-9:30 AM

MONDAY-THURSDAY 6:00-7:00 PM

ADMISSION FEES

PUBLIC SWIM

ADULT (16 AND OLDER) \$4.00

CHILD (4-15 YRS.) \$3.00

SENIOR \$2.75

FAMILY OF FIVE \$13.25

EACH ADDITIONAL \$2.75

LAP SWIM

ADULTS (18 AND OLDER) \$2.00

CHILDREN AND SENIORS \$1.75

WATER AEROBICS

SINGLE ADMISSION \$3.00

10 DAY PUNCH PASS \$24.00

20 DAY PUNCH PASS \$47.00

30 DAY PUNCH PASS \$66.00

SWIM LESSONS

\$30.00 PER SESSION



Carbon County Fairgrounds

450 S Fairgrounds Way
Price, Utah



Ball Fields

Fishing Pond

Horse Venues

RC Model Airport

Kid's Park

Motocross

Ice Rink

And much more



435.636.3214

www.carbon.utah.gov/fairgrounds